

Nutritional value Van der Moolen algae noodles

Nutritional value (calculated)				
Nutritional value per 100g	100% noodles	100% chlorella vulgaris	95% noodles - 5% chlorella vulgaris	90% noodles - 10% chlorella vulgaris
Energy 1,446.0 kJ	1,446	1,370	1,442.20	1,438.40
Energy 345.3 kcal	345.3	330	344.54	343.77
Fat 1.1 g	1.1	9.2	1.51	1.91
Of which saturated fatty acids 0.2 g	0.2	3.4	0.36	0.52
Carbohydrates 66.9 g	66.9	18.2	64.47	62.03
Of which sugars 1.1 g	1.1	4.5	1.27	1.44
Starch 65.8 g	65.8		62.56	59.32
Dietary fiber 3.5 g	3.5	33.9	5.02	6.54
Proteins 14.0 g	14	25.5	14.58	15.15
Salt 0.01 g	0.01	0.36	0.03	0.05
		NB: Salt from Chlorella vulgaris is naturally present.	NB: Salt from Chlorella vulgaris is naturally present.	NB: Salt from Chlorella vulgaris is naturally present.
		NB: Sugar from Chlorella vulgaris is naturally present.	NB: Sugar from Chlorella vulgaris is naturally present.	NB: Sugar from Chlorella vulgaris is naturally present.
			Rich in unsaturated fatty acids	Rich in unsaturated fatty acids
			Rich in dietary fiber	Rich in dietary fiber
			Source of protein	Source of protein
			Rich in calcium	Rich in calcium
			Source of iron	Source of iron
			Rich in magnesium	Rich in magnesium
			Source of beta-carotene	Source of beta-carotene